



HANNAGE BROOK MEDICAL CENTRE

Hannage Way, Wirksworth, Derbyshire DE4 4JG

Tel 01629 822434

www.hannagebrook.co.uk

Patient Newsletter Issue 13 Spring 2015

STAFF NEWS

- Welcome to our new member of staff, Carol Whithorn who joined our Reception & Admin team in February.
- Nurse Maggie Gorman is retiring at the end of June. We would like to thank Maggie for her contribution to the Treatment Room team over the last 6 years. We have appointed nurse Harriet Lagnano as her replacement and look forward to her joining the practice in the near future.



Save The Date!

UNDER 5's HEALTH EVENT

Saturday 27th June 10.00am -12noon

Memorial Hall, St Johns Street

Atmosphere informal, **B**rowse the stalls for health information leaflets. **C**hat informally to Health Centre Staff .

Watch out for details on posters and via text messages via text messages as we get nearer to June.



Thank you to our Patient Participation Group for their supporting this event.

Planning a Holiday?



Remember to make sure your vaccinations are up to date.

Just ask at Reception and complete a form for the Practice Nurse or download a form from our website. www.hannagebrook.co.uk

Please give us plenty of notice (at least 6 weeks) as some vaccines are a course given over a 4 week period and we may need to order them .

We will always try to help but may need to refer you to a Travel Clinic for last minute advice if you leave it too late to contact us.

Patient Participation Group

Our PPG continues to be very active – the committee meets approximately every 6 weeks and arranges events and evening meetings.

The last evening meeting on 4th March was well attended and enjoyed by all. There was a talk by Sharon O'Hara from DCC about the new Adult Social Care and the 2105 Act and news from the practice including seeking PPG member views on a demo of a new 24/7 addition to our telephone system.

The PPG are looking for new committee members – anyone who is interested in joining this friendly and enthusiastic group and finding out more please leave your details at the practice or email SDERCCG.hannagebrookadmin@nhs.net and we will forward your details onto the committee who will then contact you.





Please cancel your appointment if you no longer need it....

Along with all other Primary Care, Hannage Brook is experiencing an increasing demand for services so it is more important than ever that if you no longer need your appointment that you contact us to cancel it so that we can offer it to another patient.

A recent audit at Hannage Brook showed that between January and March a total of 210 GP appointments were wasted by non- attendances. Similarly around 232 Treatment Room appointments were wasted from non attendance.

Thank you to those patients who ring and cancel unwanted appointments, it makes such a difference to other patients.

Your Consent and Sharing Information!



A lot of NHS organisations use the same clinical system as us.

By sharing your information from your computer record, local medical services can deliver better connected healthcare for you as a patient.

At the moment we can't see each others information. For most people it is better if we can but we need your permission for this to happen.

This linking of your information cannot happen without your permission. You may be asked for your permission when you next visit the surgery. Your clinician will be able to answer any questions that you might have about this.



For urgent medical help

outside our opening times or

St Oswalds Hospital

Walk in Centre -Ashbourne,

Open Saturdays/Sundays/

Bank Holidays 8.00am-

4.00pm no appointment

necessary

For life-threatening

emergencies

999
EMERGENCY

Health & Wellbeing Worker

We are delighted to be able to offer an additional service to our patients. We now have a Wellbeing Worker Julie Sisson at the practice each Thursday.

This is a free, confidential service for people 16+ years, living within Derbyshire communities who would benefit from additional support to make positive healthy lifestyle changes in order 'to Live Life Better'.



The Wellbeing Workers offer holistic support to help inform, motivate and empower individuals to:

- Overcome barriers and enjoy new activities
- Access specialist support to stop smoking and manage alcohol & weight
- Gain confidence and raise self esteem
- Access specialist services (via buddying if necessary)
- Address issues around stress and anxiety, isolation, debt, housing, education
- Improve physical, mental and emotional wellbeing
- Eat well – plan, shop and cook on a budget
- Move more – try new things and exercise more

If you think you may benefit from this service please ask a member of Treatment Room or your GP during your next consultation.

Bank Holidays – there are two Bank Holidays in May so please make sure you have enough medication to last over the long weekends.



Follow us on twitter

@Hannagebrook



If you have enjoyed this newsletter and would like future editions e-mailed to you please go to our website www.hannagebrook.co.uk and click on the link "sign up to receive the Practice Newsletter"